



## Southridge Drug and Alcohol Policy

The use of drugs, alcohol, tobacco, anabolic steroids and smoking of any type is known to have an adverse effect upon the health and performance of the developing athlete. Therefore, the following training regulation will be instituted for participants in all athletics/activities in the Beaverton School District during the OSAA association year.

The possession or use of drugs, alcohol, tobacco, anabolic steroids, smoking of any type or use of look-a-likes, on or off school property, at any time during the season will have the following consequences:

This training policy is in effect seven (7) days a week during the athletic/activity season.

- A. **FIRST OFFENSE:** The student athlete will be suspended up to 10 calendar days from the team or program.
- B. **SECOND OFFENSE:** You will be removed from activities and athletics for the remainder of the season.
- C. **ALTERNATIVE:** If you get an assessment after your second offense, we may accept a letter from you asking for reconsideration to be allowed to participate in athletics and activities in the Beaverton School District

In addition to the above:

Participants will vacate a premises/party immediately where underage drinking and/or illegal drug use is occurring. This includes those not drinking and/or using illegal drugs. Disregarding this policy will result in a suspension from competition and team functions for up to 10 days. A second offense of this policy will result in the removal from the program for the remainder of the season.

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Please sign below and return to your coach.

Player Signature: \_\_\_\_\_ DATE: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ DATE: \_\_\_\_\_

Coach Signature: \_\_\_\_\_ DATE: \_\_\_\_\_

Athletic Director Signature: \_\_\_\_\_ DATE: \_\_\_\_\_